

Maricopa Integrated Health System/ Health Plans Clinical Practice Guidelines

Title:

Management of Diabetes Mellitus

Sources:

1. American Diabetic Association
2. Health Care Financing Administration
HEDIS Indicator Set
3. Health Service Advisory Group

Disease/Condition:

Diabetes Mellitus

Category:

Diagnosis, Treatment, Prevention and Evaluation

Clinical Plans:

Maricopa Senior Select Plan Members (MSSP)
Maricopa Health Plan (MHP)
Maricopa Long Term Care Plan (MLTCP)
Health Select (HS)

Intended Users:

Physicians, Nurse Practitioners, Allied Health Care Practitioners

Objectives:

1. Improve and standardize care delivered to eligible patients with Diabetes Mellitus
2. Guide the diagnosis and management of Diabetes Mellitus in eligible members.

Target Population:

1. All eligible members enrolled in Maricopa Integrated Health Systems/Health Plans.

Clinical Practice Guidelines:

All members with the diagnosis of diabetes (ICD-9 Code 250.0-250.9) (fifth digit identifier 1,2,3,4, to denote Type I or Type II, controlled or uncontrolled) will have the following:

1. PCP or appropriate specialist visits every 3 months or as clinically indicated
2. HbA1c at least once a year
3. Fasting lipid profile annually
4. Urine test for Microalbuminuria annually
5. Dilated eye exam by Optometrist/Ophthalmologist annually.

Monitoring:

Evaluation of physician compliance will be conducted on an annual basis by Quality Management in conjunction with the Diabetic Disease Management Coordinator.

Qualifying Statement:

The Clinical Practice guidelines are developed for the purpose of defining a basic standard for providing effective care to MIHS/HP members with Diabetes Mellitus.